

THE CUSTOM “WEEKEND FACE LIFT”

Many aging baby boomers and previous face lift patients are looking for an alternative to the traditional face lift procedure. This procedure is indicated for those who have begun to show the early signs of aging, previously undergone a face lift operation and patients with an inherited or traumatic facial disharmony. Patients with severe acne scarring have also been very pleased with their results.

With tighter schedules and less time off to recover, patients are looking for methods of reversing the aging process which remain safe and very effective. With the use of lip-sculpture of the jawline or jowl, neck and facial fatty deposits along with tightening the skin under the chin area, rejuvenation of the face and neck are obtained. When one adds lipotransfer (fat removed from the abdomen, thigh or hip re-injected into the lips and cheeks with small needles) and chemical peels or laser resurfacing, the cosmetic results in many of these patients are comparable to the results of a standard face lift.

The second phase of the revised weekend face lift process is the lipo or fat transfer procedure. Lipotransfer included removal of unwanted fatty deposits from the abdomen, thigh or hip area and re-injecting this material into needed areas of the face, lip and cheek. This contours the face by filling in wrinkles and folds around the mouth, plumping up the lips and raising saggy cheekbones. Knowing that only about 50% of the fat cells injected survive, we store and freeze the patient’s fat for touch up sessions at 60 and 120 days after the initial surgery.

The third phase of the process includes a chemical peel, which tightens the skin and encourages collagen production. These peels can be of varying strengths to suit the patient’s goals. These treatments also help reduce the superficial wrinkles and lighten the complexion. This combination of procedures has the effects of transforming the drooping “box like” face to a more youthful “tear dropped” appearance again and restoring facial features to an appealing balance and harmony.

A shorter recovery time, a combination of customized techniques and a reasonable cost create a more youthful appearance with improved safety and predictability.

Dr. Lyons obtained his M.D. in 1981 at L.S.U. Medical Center in New Orleans. After training for two years in General Surgery Residency at Carraway Methodist Medical Center in Birmingham, he completed a three year residency in Otolaryngology and Head and Neck Surgery at Charity Hospital in New Orleans. Included in his residency was intensive facial plastic and cosmetic surgery training. He received his Board Certification from the American Academy of Otolaryngology and Head and Neck Surgery and the American Academy of Cosmetic Surgery. Dr. Lyons is a Diplomat of the American Board of Facial Plastic and Reconstructive Surgery and a member of the Mobile County Medical Society, the Southern Medical Association, and a Board Certified Hyperbaric Physician. He has published scientific articles on wound healing with tissue glues and new techniques on eyelid, facelift, and nasal surgery. He most recently published articles on advances in profound hair loss procedures combining scalp

lifts with large session micrograft techniques. He continues to speak at local seminars on facial plastic surgery advancements. He is currently on the faculty staff at L.S.U.M.C. Department of Otolaryngology and Head and Neck Surgery as an Assistant Clinical Professor.

Michael B. Lyons, M.D., F.A.C.S.

Dr. Michael Lyons specializes in Cosmetic Surgery. An L.S.U. graduate, Dr. Lyons researched human tissue glues while in training and continues to participate in Residency training at L.S.U. Medical Center and U.S.A.M.C. as an Assistant Clinical Professor.

Dr. Lyons is a Board Certified in Facial Plastic Surgery and in Facial Cosmetic Surgery. He is a Fellow of the American College of Surgeons. He continues to stay abreast of advances and new techniques and conducts local seminars.

Aesthetic Services

- Weekend Facelifts
 - Facelift
 - Eyelid Surgery
 - Botox
- Hair replacement surgery
- Cosmetic laser skin resurfacing
 - Chemical Peels
- Cymetra and Collagen
 - Nasal Surgery
 - Liposuction